

FOUNDATION (Lesson 1)

Our numerical system contains 10 digits:

0 1 2 3 4 5 6 7 8 9

We basically make 10 consonant sounds when we speak

s/z/soft c, t/d, n, m, r, l, sh/ch/j/soft g, k/q/hard c/hard g, v/f/ph, b/p

The vowels 'a. e. i. o. u.' and the soft vowels 'w. h. y.' are neutral in this program and help make **Trigger Words**.

Disregard silent letters we are just concerned with the phonetic sound of the spoken word.

Next we will marry each of the 10 **digits** to a **consonant sound**

Please repeat the consonant sounds out loud to familiarise yourself with them.

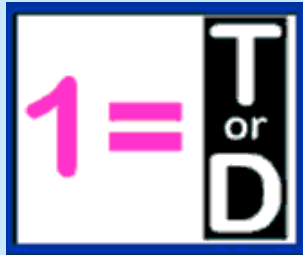
YOU MUST KNOW THE 10 CONSONANT SOUNDS WELL

FOUNDATION (Lesson 1 cont...)

DIGIT 1

Digit 1 has two similar sounds
'T' and 'D' (*as in Tom or Dad*)

The 'T' or 'D' sound equal digit 1. white



TIP

Digit 1 has one
down stroke and so
do the letters T & D

TRIGGER WORD FORMATION (Lesson 2 cont...)

**Your consonant sounds for Digit 9 are 'P' or 'B',
You must choose an image starting with the phonetic sound 'P' or 'B',
Vowels or silent letters will make up the rest of the image.**

(Bee, pie etc could be substituted)



**We have chosen the image (trigger word) of a pink 'Pea'
THEREFORE YOUR TRIGGER WORD FOR NUMBER 9 is 'Pea'**

TRIGGER WORD FORMATION (Lesson 2 cont...)

These are your vital first 10 Trigger Words

All other Trigger Words will be generated from only knowing these first ten.

Now quickly say.....

“Tie, Noah, Me, Roo, Elle”



Which equals.....

1, 2, 3, 4, 5

Get familiar with them – forwards and backwards!

A 'BIG' thank you to Inspired Educational Memory Systems.



Although originally I bought your memory course to help me gain my certificate in sports massage.

I am writing to thank you for helping me with my new job selling jeeps.

‘Not really the ideal job for me as I am shy at approaching people’

One day I came up with the idea of keeping a chart of 200 local apartment buildings on my desk, numbering them 1—200 and asked clients to test my memory skills.

They are so impressed and fascinated by my ability to memorise anything and everything that we end up getting along like a house on fire.

I am selling more jeeps than anyone else and have just won a holiday to Vanuatu.

I say “go for it” fellow salesmen.
Talk about something else and your product will sell!!

Good on you and thanks once again
Phil Davidson
Gold Coast Queensland Australia

Hi IEMS team

Thanks for making your memory course so easy to learn.

In 3 days I mastered it and am now the 'Costa del Sol Quiz Show Queen'.

Seriously, I can now retain huge amounts of information and my knowledge bank increases everyday.

I take part in Trivia Nights whenever I can and get a big kick out of beating everyone else. (especially with being blonde)

I memorised your list of the Oscar Winning Movies over the last 100 years in 2 hours and it's amazing how often it comes up in quiz shows. Who wants to be a Millionaire and Sale of the Century here I come.

See you on the telly folks.

Chris UK



I live in Hong Kong but am attending a University in Australia studying ‘Bachelor of Arts in Criminology and Criminal Justice’.

I don’t find it very easy to retain information and was spending hours and hours revising and swatting for my exams.

A friend suggested I buy a memory course which I did. It was so complicated and involved that I didn’t have the time to look at it, let alone learn it.

However, I was determined to make life easier for myself and by chance came across ‘Inspired Educational Memory Systems’ The SHORT part of short, efficient, easy, and fun appealed so gave it a go.

It only took me two days to learn and thanks to you I have more free time to get to know your beautiful part of the world. I recommend your course, it really is so simple.

June Young—Australia

